

**MCYA Competition Cheerleading Handbook
2025-2026 Season**



Welcome to the MCYA Competition Cheerleading Program! We are honored to have the opportunity to work with your athlete and your family this coming season and look forward to a fun and exciting year!

Our program is committed to providing a positive atmosphere that will allow us to teach cheer skills and the importance of sportsmanship and team building. We love to see young athletes commit to the sport of cheerleading and look forward to watching your child grow as an athlete and a young adult.

In this packet, you will find information regarding our program, parent and athlete expectations, financial obligations, and travel information.

The purpose of the MCYA Parent & Athlete Handbook is to outline the policies, procedures, and code of conduct for all members of the MCYA Competitive Cheerleading program. Within the handbook, you will find information on expectations and requirements for you and your family for the 25-26 season. Failure to comply with the provided information will result in the consequences outlined in this handbook.

We encourage each family to take the time to review the rules, policies, and procedures with their athletes. This will ensure that the athlete fully understands the expectations that will be put into place regarding individual and team commitments and behavior. We want to encourage open communication between athletes and parents alike; therefore understanding the Handbook in its entirety is of the utmost importance.

Again, welcome to the 25-26 MCYA Competitive Cheerleading Program. We look forward to a great season and are excited to have you here!

Sincerely,

Heather Adams

Cheer Director - Madison County Youth Association

General Communication

Healthy communication between athletes, parents, and coaches is crucial to the success of our program. We ask all athletes to speak with coaches prior to leaving the gym if they have concerns. Should further communication be necessary, please reach out to your coach outside of practice time. The coach will not be pulled from, or late to, practice to speak with a parent or athlete.

We require a 24 hour “cooling period” before contacting your MCYA Cheer Director, the MCYA Board, and/or the Coaches of the team. We understand that issues involving your child are very important and require quick resolution, therefore, we want to ensure that the situation is of constructive resolve.

Parents are not to enter the training space with questions or concerns at any time. Any parental outburst will result in immediate suspension and possible removal from the program at the discretion of MCYA Leadership and Board.

It is inappropriate for an athlete or a parent to approach other MCYA members about a problem they have with a MCYA coach or teammate regarding personal objections to coaching decisions, and/or disagreements with an administrative decision. This leads to unnecessary, unacceptable drama. These actions will be addressed immediately by MCYA Leadership. Major or multiple offenses may result in dismissal from the MCYA Competition Cheerleading Program at the discretion of the MCYA Cheerleading Director/Board.

Communication with Coaches

Athletes and parents should feel comfortable speaking to the coaches, in the appropriate setting, with any questions and/or concerns. This “open communication” is needed to ensure there are no oversights within our teams and that situations involving or affecting the athlete are handled appropriately and timely.

We strongly encourage parents have their athletes speak with coaches directly in regards to, but not limited to, the following issues should they arise:

1. Routine Element Questions
2. Individual and Group Skill Preparedness
3. Injury
4. Illness
5. Outside Events that may affect performance

**In cases where the athlete is too young to articulate the issue, we ask that the parent aid in the communication process in an appropriate manner. We believe this is an important life-skill for the athletes to learn.*

If there is a matter that seems to remain unresolved, or if the athlete has clear, legitimate concerns that speaking to the coach will not or cannot resolve, please bring the concern directly to a member of the MCYA Leadership team. We ask parents to never assume an issue has been brought up to coaches or management/leadership by other parents or athletes in the program.

All electronic communications from athletes to coaches members must also include the parent/guardian as a recipient.

Should a meeting need to take place between the athlete, parents and coaches, the meetings must be scheduled via email, phone call, or in-person communication.

At competitions, coaches are there to coach. Any issues that arise during a competition will be addressed during the week following the competition. We have a strict policy in place stating that coaches are not available to discuss:

1. Information regarding other MCYA athletes and/or parents.
2. MCYA Coaches who do not coach their athlete.
3. Decisions made by the Administrative coaches.
4. Issues that involve any type of comparison of their athlete to another athlete, Coach to Coach, or MCYA to any other cheerleading training facility.

All concerns regarding the program should be expressed to MCYA Leadership or team coaches at the appropriate time in the appropriate manner.

These concerns should not be expressed over any public forum such as any Social Media form, Gym App or Group Text.

Communication within the Program

Group messages related to the MCYA Competition Cheerleading Program are used only to relay information relevant to the entire team. Personal opinions, complaints or announcements are not allowed. Please refrain from discussing non-MCYA related items within the team group message.

The dismissal/addition of a team member is solely at coaches discretion, and should be announced only by the coaches and management/leadership.

Team Communication App

Everyone will receive a message inviting you to join SportsYou. All scheduling and notification of scheduling will be done through the app. It is important that you have notifications turned on. Please check your team's calendar for information on practice dates/times and future parent meetings.

Confidentiality

All issues, discussions, meetings, and resolutions that surround them are confidential between MCYA Leadership, coach(es) and the athlete/parents. Coaches will respect the privacy of each family and not discuss any issues brought to us in privacy with anyone other than those involved.

Disclosure of confidential information to other MCYA members may result in suspension from the team or dismissal from the MCYA Cheerleading program.

While in the gym, verbal communication regarding athletes, parents, classes, etc., should be held in private and at the appropriate time. Coaches will only be available to discuss concerns about your athlete.

Role of Coaches

The MCYA Cheerleading Coaches are highly motivated and committed to the success of your athlete.

Parents and Athletes can expect the Coaches to:

- Provide a fun, safe and overall positive atmosphere and training experience for your athlete.
- Be approachable while maintaining a professional relationship with each athlete and parent/guardian.
- Consistently enforce all rules and regulations, as outlined in the Parent and Athlete Handbook.
- Instruct skills in a manner that is technically precise, safe and appropriate for the individual athlete.
- Provide parents with team updates throughout the season.

Please Note:

*All MCYA Cheerleading Coaches are **volunteers** who dedicate their personal time, energy, and resources to this program. They are not paid employees. Their commitment comes from a love for the sport and a desire to see each athlete grow in skill, confidence, and teamwork. We kindly ask that parents and athletes show appreciation and respect for their efforts by upholding team expectations and maintaining positive communication throughout the season.*

Athlete Expectations & Code of Conduct

As a member of the MCYA Competition Cheerleading Program, athletes are expected to adhere to all rules and policies listed throughout the Handbook at all times. The Athlete Code of Conduct was established as a set of conventional principles and expectations for all MCYA

Competition Cheer athletes to follow. All athletes of our program are bound to the policies described below:

Illness and Injury

While illness and injury are never easy during a season, we understand that they can happen and will do our best to support each family if they arise. Our number one priority is athlete safety (both of the injured/ill athlete and their team). Because of this, changes to the routine may be made should an athlete not be able to perform the skills required of them in their routine due to an injury or illness.

- In the event an athlete is out of regular practice participation for more than one practice, an alternate may be placed in the injured/ill athlete's position so the team can continue progressing. Once the athlete is cleared to return from injury or illness by a physician, the athlete may or may not return to the same position in the routine they were in when they went out.
- Should an injury be sustained outside of practice, please notify the team coaches as soon as possible.

Behavior

- All athletes are expected to show respect for the coaches, fellow teammates, other athletes, parents, judges, officials and spectators.
- Don't listen to, participate in or instigate any gossip.
- Show good sportsmanship and class before, during, and after competitions and practices by maintaining a true "team" mentality.
- Be humble when you win and respectful when you lose.
- Do not participate in and/or instigate bullying. This includes all possible forms of bullying such as electronic, verbal, physical, mental, media based, monetary, etc.
- Bullying of any kind is grounds for immediate dismissal from the program at the discretion of MCYA Leadership
- Remain mindful that all decisions reflect on yourself, your family, your team and the MCYA Competition Cheerleading program.
- Refrain from threatening to quit or leave the team. This is unacceptable athlete behavior that will not be tolerated.

Practice

- Arrive 15 minutes prior to practice time, and be dressed (head to toe) and prepared for practice.
- If you will be late to practice, a parent will need to text the head coach of the practice the athlete is missing.
- Accept both constructive criticism along with praise for a job well done.
- Respect that coaches are thoroughly trained in what is needed to meet scoring system needs and all decisions regarding routine elements are based on those fundamentals. All team and routine decisions are left to the discretion of the coaches.
- Respect the privilege of the use of our facility.

- No food, gum, candy, colored liquids or sodas are permitted in the gym area. Only water and clear sports drinks are allowed.
- Each athlete is expected to be hydrated and nourished before entering the practice area
- For the safety of all athletes, no jewelry is permitted at any time in the gym. Coaches are not responsible for jewelry worn into practice that has to be taken off. If the jewelry is of significant monetary or emotional value, please leave it at home.

Competition

- You are required to attend all competitions.
- You must be on time (early) to all competition day events.
- Competitions for MCYA will not work around an athlete's personal schedule.
- Athletes are required to check in and out with their team representative.
- Each athlete is required to be present to support his/her competition buddy team(s).
- Athletes should be hydrated and nourished before arrival to the competition venue.
- During awards, athletes are expected to:
 - Be dressed in uniform for awards.
 - Pay attention
 - Know his/her division
 - Clap for teams as they receive awards
 - Wait until your name is called to celebrate should you receive an award
 - Be mentally prepared for results
 - Congratulate other teams on their success

General Appearance & Hygiene

- Athletes are expected to wear deodorant (if they are of the appropriate age) to help prevent body odor
- No piercings are allowed to be worn at any time. Taping over a piercing is not acceptable
- Watches, necklaces, bracelets or any other loose jewelry are not allowed to be worn while practicing.
- When in the gym, hair must be pulled away from the face to minimize risk. Hair that does not touch athletes' shoulders is permitted to be worn half up. Longer hair **MUST** be pulled up into a ponytail.
- Socks and cheer shoes are required at all times.
- Nails must never be longer than the tips of the fingers. .
- Female athletes are encouraged to wear sports bras (as opposed to regular bras) under their practice tops in order to provide adequate support.
- Shorts must cover the seat completely and should not be rolled more than once.

Neither MCYA coaches or MCYA leadership are responsible for jewelry if it is worn into the gym, removed for practice, lost or stolen. Please leave your jewelry at home.

Competition Dress Code

- Full uniform. (This includes “Competition” hair and makeup.)
- Team competition makeup, including
- No jewelry allowed at any time. Competition companies will apply deductions if worn on the floor.
- Due to rules and regulations set by the industry, athletes may not simply cover and/or plug a piercing while competing. Please plan accordingly.

Parent Expectations & Code of Conduct

As a MCYA Competition Cheerleading parent, you are bound to the same level of expectations as your athlete. You represent our program and your child, and your behavior should not be a distraction to either. All parents and athlete guardians of our program are bound to the policies described below:

Behavior

- Parents are not to enter the training space with questions or concerns at any time. Any parental outbursts may result in immediate suspension and possible removal from the program at the discretion of MCYA Cheer Director and MCYA Board.
- Parents are expected to attend all parent meetings. Meeting dates and times will be sent via the SportsYou app.
- Encourage your athlete to treat fellow teammates, coaches and other parents with respect at all times.
- Encourage good sportsmanship by demonstrating positive support for all athletes, coaches, fans, and judges during all practices and competitions.
- Ensure that your child understands what is expected of them as a MCYA Competition Cheerleading athlete, in regards to the attendance policies, dress codes and rules outlined by the Handbook.
- Parents should place the well being of your child and their team before your own personal desire to win.
- Defer to the coaches’ discretion regarding team decisions.
- Not listen to, participate in or instigate idle, worthless gossip.
- We will not tolerate pettiness, gossiping, or cliques that attempt to slander the MCYA name. Parents displaying improper behavior may be dismissed from the program immediately and will not be allowed to return the following year.
- Parents should not hold athletes from practices as a form of punishment. Doing so not only keeps your athlete from progressing, but also negatively impacts their team’s ability to improve and prepare.
- Refrain from threatening to quit or pull your child from a team. This is unacceptable parent behavior that will not be tolerated.
- Refrain from discussing intent to compete for another gym in the future.

- Parents, relatives, friends, etc. are not allowed to approach a coach with disrespectful comments at a competition or at/before or after practices.
- Coaches and MCYA coaches members reserve the right to excuse any parent from the gym for disrespectful or inappropriate behavior.

Parent Practice Expectations

- Only cheerleaders and coaches are allowed in the training space.
- Parents are not to enter the training space with questions or concerns at any time. Any parental outbursts may result in immediate suspension and possible removal from the program at the discretion of the Cheer Director and MCYA Board.
- Aiding athlete practice preparation, ensuring they understand and follow all practice guidelines stated in the athlete code of conduct.
- Never withhold an athlete from class and/or practice as a form of punishment. This punishes not only your child, but every other team member and parent.
- In order for coaches to be prepared for practices, any planned absences must be communicated AT LEAST two (2) weeks ahead of time to the team coaches.
- All practices are completely closed.

Parent Competition Expectations

- You are responsible for ensuring that your athlete arrives on time and checks in and out with their coach. Repetitive tardiness for report times at competitions will result in a meeting with coaches and the MCYA Cheer Director.
- Report times and release times at each event are for the benefit of the team. Athletes will not be allowed to arrive late or leave early at any time during a competition. All personal events or plans MUST be made around the competition schedule.
 - *Please note: it is standard in our industry to not have finalized competition day schedules until mid to late-week of the competition week. We will always communicate as soon as they are available.*
- Our coaches will have sole communication with the competition companies. Parents are not permitted to contact EPs (Event Producers) directly.
- At competitions, coaches are there to coach. Any issues that arise during a competition will be addressed during the week following the competition.
- MCYA Parents and Fans are encouraged to sit together to support our teams, show their support and be visible for our athletes to see where MCYA fans are located. The louder our crowd is, the better the teams will do!
- Friends and family of athletes are not allowed in the warm up or competition area.
- Once athletes have been checked-in with their coach, they will be under the supervision of the MCYA coaches. For athlete concentration purposes, parents may not contact their athlete until their release time.
- During awards ceremonies, MCYA Fans are expected to:
 - Clap for all teams as they receive awards
 - Wait until MCYA's name is called to celebrate our placement

- Congratulate other teams on their success
- Remain aware of your surroundings and avoid any disparaging comments about other programs, teams and any athletes or coaches or coaches.

MCYA Competition Cheerleading Protocol for Athlete Discipline

Athletes are expected to behave themselves in a manner that is consistent with the rules listed throughout the MCYA Competition Cheerleading Handbook. These expectations will be upheld at all events, camps, classes, clinics, competitions, practices and any point at which the athlete is under watch of the MCYA coaches. When an athlete's behavior does not meet the expected standards and/or the athlete continues to pose a problem while under MCYA supervision, disciplinary action will be enforced.

The MCYA Cheer approach to athlete discipline will be conducted as follows:

1. The coach/director will discuss the issue with the athlete. However, an appropriate form of conditioning and/or appropriate discipline may be included.
2. The coach/director will remove the athlete from practice. In turn, this may cause an athlete to lose valuable class and/or team instruction.
3. The coach will set up a meeting with the MCYA Cheer Director, the athlete and the parent to discuss the issue and the lack of response from the athlete. Parents will have the opportunity to be involved with correction of the problem at this time.
4. If the problem continues, the athlete will be suspended from participation in practices and/or class training. The athlete must attend all practices; on time and in full dress code however, the athlete will not be allowed to participate. The goal is for the athlete to gain a renewed perspective on the importance of respect for the coach and team by observing the practice on the "outside looking in."
5. Ultimately, should all prior steps not result in the necessary change in athlete behavior, the athlete will be removed from the team. This will only occur in the most extreme cases.

MCYA Cheerleading will make every effort to find an acceptable solution that enforces all outlined policies and procedures in a fair and consistent manner.

Please note: based on the severity of the situation, MCYA Cheerleading has the authority to move to any of the disciplinary steps at any time.

Attendance Policies and Procedures

The Competition Season begins October 2025 and ends in May 2026.

Practice attendance is absolutely mandatory and compliance with the attendance policy will be strictly enforced. An athlete's team position will be jeopardized for noncompliance with all of the attendance policies.

If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for learning **ALL** routine changes made prior to the next practice. This will require communication between the athlete, parents and coaches prior to leaving and upon arrival.

Practices may be changed or added at any time throughout the year. Parents must check emails, attend meetings and check the app regularly for updates.

PLEASE NOTE: *MCYA Competition Cheer strictly follows the Madison County School Calendar for all holidays, breaks, and closures. Families whose athletes attend schools outside of the Madison County School District are responsible for confirming any differences in their school schedules. Practice and competition schedules will not be altered to accommodate alternate calendars. Any absences due to breaks or closures not included in the Madison County School Calendar will be considered **unexcused**.*

Absence Allowance and Protocol

- An **absence** is defined as missing more than **30 minutes** of a team practice.
- A **tardy** is defined as missing **30 minutes or less** of a team practice.

During the competition season, athletes are permitted **two (2) excused absences**.

Excused Absences

Excused absences must be communicated in writing (email, text, etc) with the team Head Coach at least **two (2) weeks in advance** (except in emergencies). An absence will only be considered excused if it meets one of the following:

- **School Functions:** Events that directly affect a grade.
- **School-Mandated Camps:** Such as Outdoor Ed or other required sleepaway programs (documentation required).
- **Church Events:** Major faith-based commitments (regular youth groups, retreats, or guest speakers are not excused).
- **School-Sponsored Cheerleading Events:** Pre-scheduled practices or athletic events listed on the school's official athletic calendar.
 - *Note:* Additional tryout preparation, condition, or consequences assigned by school cheer coaches are **not excused**.
- **Family Vacations:** Families should make every effort to schedule trips outside of the competition season or during school breaks. Vacations that interfere with mandatory MCYA events will be considered on a case-by-case basis.
- **Illness:** Only excused with a doctor's note. Illnesses without documentation will be unexcused.

MCYA Cheerleading Leadership has final authority to approve or deny absences on a case-by-case basis.

Important: Athletes and parents are expected to coordinate both school and MCYA schedules to avoid conflicts.

Unexcused Absences

All other absences not listed above are considered unexcused. Examples include (but are not limited to):

- **Academics** - Homework, projects, and studying are not excused. Athletes are expected to manage time effectively.
- **Extracurricular Activities & Jobs** - These must be scheduled around MCYA Cheer commitments.
- **Church activities beyond required services** - Youth groups, retreats, speakers, and optional events are not excused
- **Illness without a doctor's note.**

Consequences for Unexcused Absences

- After **two (2) unexcused absences**, a meeting will be required with the athlete, parents, coaches, and the MCYA Cheerleading Director.
- At **three (3) unexcused absences**, the athlete may be:
 - Placed as an alternate,
 - Removed from choreography, and/or
 - Removed from the team entirely.

Decisions regarding placement and roster changes remain at the discretion of MCYA Cheerleading Leadership.

Reminder: Even excused absences can affect team performance. Frequent absences (excused or unexcused) may result in changes to stunt groups, routine positions, or rosters. Attendance is critical to the success of the team.

Competition Blackout Periods

Competition blackout periods are **mandatory** and will be clearly marked on the competition schedule (typically beginning one week prior to each event).

- **Unexcused absences are never permitted during a blackout period.** Any athlete with an unexcused absence during this time is subject to immediate removal from the routine for that event.
- **Illness:** Athletes who miss practice during a blackout period due to illness must provide a doctor's note in order to remain eligible to compete. Even with a doctor's note, MCYA Coaches and Leadership maintain full discretion to determine if the athlete will perform.

Multiple missed practices during a blackout period, even with medical documentation, may result in removal from the upcoming event.

- **Injury:** Athletes who are unable to fully participate due to injury may or may not be permitted to perform. Decisions will be based on:
 - Severity of the injury.
 - Medical prognosis and length of restriction.
 - Number of practices already missed
 - Athlete's role and responsibility within the routine
 - Availability of an alternate
- **Outside Events:** Family vacations, concerts, parties, and any other outside activities are **never excused during blackout periods** and will result in the removal from the routine.

***Reminder:** Attendance during blackout periods is critical to team safety, routine consistency, and competition readiness. MCYA reserves full discretion to adjust roles, remove athletes from routines, or reassign positions as necessary to protect the success of the team.*

Submission of Absence Form

ALL Absences must be communicated via email and through the absence submission form a MINIMUM of 2 weeks prior to the absence with any required documentation as noted above. The only exception to the MINIMUM of 2 weeks prior to the absence is for an excused absence due to illness. For any excused absences due to illness, a doctor's excuse must be submitted via email prior to the next practice. If a doctor's excuse is not submitted via email prior to the next practice, the absence will be considered unexcused.

Competition Attendance

Competition Attendance is mandatory. MCYA Leadership has discretionary authority to approve an athlete to withdraw from a competition on a case-by-case basis. Missing a competition without prior notice, and/or approval, may result in immediate dismissal from the program.

Misc. Absence or Practice Conflicts

Injury

In the event that an athlete is injured, you should notify your coach as well as MCYA Leadership as soon as possible. Should an athlete need to discontinue practicing during the season due to injury and/or illness, they may not return to the team until they receive a clearance from a doctor. We will re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into their original position(s), upon return. Injured athletes will be required to attend all practices and local competitions, regardless of their ability to perform, unless otherwise stated by a doctor. A doctor's note stating why the athlete is unable to attend practice or competition must be provided.

Inclement Weather

On days when weather conditions worsen as the day progresses, MCYA may decide to cancel practices. In such cases, a decision and an announcement will be made via social media, email and/or SportsYou app.

Unexpected/Family Emergency

Contact team coach and/or MCYA Cheer Director.

Safety

MCYA Competition Cheerleading would like to educate our athletes and parents about the inherent risks and hazards associated with the activities offered inside our facility. The risks may include, but are not limited to, acute or long term injury, paralysis or death. By enrolling your athlete at MCYA, you are voluntarily assuming the risks involved. We ask that parents educate their athlete(s) about the possibility of injury within the facility and encourage them to follow all safety rules and coaching instructions. Our primary source of safety is teaching skills in progression.

Financial Responsibilities & Obligations

Thank you for your careful consideration of the financial commitment involved with participation in our program. At MCYA, we are up-front with our costs. Your monthly fees include the costs of practice time, competition fees, training fees, and other expenses. You will be assessed monthly charges starting in October 2025 and continuing through May 2026.

In addition to the monthly tuition, families will be financially responsible for uniform costs and a choreography/music fee. The uniform cost will be due **10/07**. The choreography/music fee will be due **11/01** (in addition to the monthly tuition).

Once selected for a team, each athlete is financially committing to the season. Each month, families are charged a consistent amount.

Any athlete who chooses to leave the program after signing and submitting the Handbook and Commitment Statement for the season is financially responsible for the full season cost, choreography, and music fees for the season.

Monthly Fees and Financial Commitment

Tuition will be due on the first (1st) of each month (*with the exception of October*). Any other payments will be processed on or after the due date specified on your monthly statement.

Expense Breakdown:

Uniform: \$400.00

Choreography & Music: \$125.00

Tuition: \$145*

October 2025	November 2025	December 2025	January 2026	February* 2026	March* 2026	April* 2026	May* 2026
Uniform	Tuition	Tuition	Tuition	Tuition	Tuition	Tuition	Tuition
	Choreography						
Total: \$400	Total: \$270	Total: \$145	Total: \$145	Total: \$140	Total: TBD	Total: TBD	Total: TBD
Due:10/7	Due: 11/01	Due:12/01	Due: 01/01	Due: 02/01	Due: 03/01	Due: 04/01	Due: 05/01

**Team fees for some months will be determined by BIDs we receive for out-of-town competitions.*

Team Travel Expectations

Athlete travel costs are not included in monthly tuition. Athlete travel costs spent by families include (but are not limited to):

- Transportation
- Hotel
- Meals

To be part of our travel teams is a privilege that comes with several responsibilities. When traveling for a competition or event (camps, clinics), you will represent MCYA with the utmost respect and class.

All athletes traveling must adhere to the following guidelines:

- All athletes must stay with a parent, guardian or designated chaperone.
- All athletes and parents will demonstrate good sportsmanship at all times to our coaches, parents, judges, officials, spectators, and opposing teams/parents.
- All athletes are expected to arrive at travel competitions by the required arrival date and time, **NO EXCEPTIONS**.
- Unless otherwise notified, all teams will have a normal week of practice prior to travel competitions. Teams may also have extra practices held at the competition venue prior to competing.
- All athletes who travel with a team **MUST** have a chaperone with them.

Important Dates

Date	Event	Location
October 7, 2025	Uniform Fittings & Parent's Meeting	Union Baptist Church Hull, GA
November 1, 2025	Senior Choreography	Union Baptist Church Hull, GA
November 15, 2025	Mini Choreography	Union Baptist Church Hull, GA
December 6, 2025	Team Showcase	Union Baptist Church Hull, GA
December 13, 2025	The Cheer Tour	Pigeon Forge, TN
January 31, 2026	The Cheer Tour	Concord, NC
February 08, 2026	Deep South - Atlanta	Duluth, GA
March 21, 2026	The Cheer Tour	Duluth, GA
April 10 - 12, 2026	Beach Nationals*	Orange Beach, AL
May 2 - 3, 2026	Season Finale*	Nashville, TN

**Competition Note: These competitions will be determined as the season progresses. BID competitions are not guaranteed.*

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement

DISCLAIMER: Madison County Youth Association Competitive Cheerleading (“MCYA Cheer”) is not responsible for any injury or loss of property to any person who is practicing; training; taking classes; competing; participating in open gyms, special events, demonstrations, or shows; or in any other way involved in tumbling, stunting, jumping, cheerleading, and/or participating individually or as a member of any of the MCYA Cheer teams (the “Activity”).

CONSENT: In consideration of my Minor Child(ren)’s participation in any Activity at MCYA Cher, I, on behalf of myself and/or my Minor Child(ren), represent that I understand the nature of this Activity, as well as my Minor Child(ren)’s experience and capabilities, and believe that I/my Minor Child(ren) am/is/are qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that, if I believe event conditions are unsafe, I will immediately discuss those concerns completely with MCYA Cheer staff/coaches/leadership before I sign this Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement (the “Agreement”), before my Minor Child(ren)’s participation in the Activity begins, or if participation has already begun, I will discontinue my Minor Child(ren)’s participation in the Activity.

I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis, and/or death, which may be caused by my Minor Child(ren)’s own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, and/or the negligence of Madison County Youth Association Competitive Cheerleading, its leadership, directors, agents, officers, operators, coaches, employees, and/or volunteers (herein collectively the “Releasees”); and additionally that there may be other risks either not known to me/my Minor Child(ren) or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and/or damages I/my Minor Child(ren) may incur as a result of participation in the Activity.

WAIVER: I acknowledge that I/my Child(ren) am/are voluntarily participating in the Activity with knowledge of the danger involved, and I/we hereby agree to accept and assume any and all risks of injury, illness, disease, death, or property damage, whether caused by the negligence of Releasees or otherwise. In consideration for my Minor Child(ren)’s participation in the Activity at or on behalf of MCYA Cheer, I hereby release, discharge, and covenant not to sue any and/or all of the aforementioned Releasees from any and all liability, claims, demands, losses, and/or damages on my Minor Child(ren)’s account, caused or alleged to be caused, in whole or in part, by the negligence of any and/or all of said Releasees. I further agree that if, despite this Agreement, me/my Minor Child(ren) or anyone on

my/their behalf, makes a claim against any or all of the said Releasees, I will indemnify, save, and hold harmless each and all of the said Releasees from any and all losses, liability, damages, or costs which any or all of the said Releasees may incur as a result of any such claim. I understand that this Waiver is intended to be as broad and inclusive as premised by the laws of the State of Georgia, and I agree that, if any portion of this Agreement is held as invalid, the remainder of the Agreement will continue in full legal force and effect. I further agree that the venue for any legal proceedings regarding this Agreement shall be in Madison County, Georgia.

I have read this Agreement, and I fully understand that, by submitting this Agreement, I am giving up substantial rights on behalf of me/my Minor Child(ren). I confirm that I am of legal age, and I have signed this Agreement freely and without any inducement or assurance of any kind.